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[54] PAD FOR IMPROVING SITTING POSTURE 用於改善坐姿的墊子

[57] This short-term patent application discloses a field of houseware, and provides a pad for improving sitting posture, comprising: a pad body that may be placed on a plane; at least two elevated segments formed on the pad body, the two elevated segments being referred to as a first elevated segment and a second elevated segment, respectively, wherein the first elevated segment and the second elevated segment are configured for supporting a pelvis of a human body from the front and the back, respectively; a bridge part formed between the first elevated segment and the second elevated segment, which are spaced with an interval, of the pad body, wherein the bridge part is configured for supporting a part corresponding to a lower end of an ischium or a lower end of a coccyx of the human body. Compared with the prior art, the present disclosure enables relief of hip joints and the surrounding muscles of the human body, which facilitates blood supply; guarantees that the spine of a person constantly approaches to maintaining a correct curve, thereby further protecting lumbar vertebrae; and may further relax the cervical spine and surrounding neck musculature to prevent back pain and headache.

本短期專利涉及家居用品領域，提供了一種用於改善坐姿的墊子，包括：墊本體，墊本體能夠被放置在平面上；墊本體上形成有至少兩個駝峰部，兩個駝峰部分別為第一駝峰部和第二駝峰部，第一駝峰部和第二駝峰部分別用於支持人體的與骨盆的前後相對應的部位；第一駝峰部和第二駝峰部間隔設置，使得墊本體在第一駝峰部和第二駝峰部之間形成峰溝，峰溝用於支撐人體的與坐骨的下端或骶尾骨的下端相對應的部位。相對於現有技術而言，本實用新型能夠使人體的髖關節和周圍的肌肉得到放鬆，有利於血液的供應；能夠保證人的脊椎始終趨向於維持正確的曲線，進而實現對人體的腰椎的保護；還能夠進一步地放鬆頸椎和周圍的頸部肌肉組織，防止背痛和頭痛。

